

EMAN DEFINITIONS DOC

Training:

- Teaching of both theory and practice (skills) through a mixture of media using examples relevant to the context
- Encouraging the students to actively engage by asking questions on theory and skills
- Providing opportunity for the skills to be practised and for the students to self-reflect on their learning

Coaching:

- Involves the observation of a student by a coach in a practice session of skills, providing the opportunity for self-reflection by the student and offering feedback by the coach
- Includes a safe space for open discussion on the practice session
- Provides a positive atmosphere for skill building, support and learning

Supervision:

- The purpose of supervision is to encourage reflective practice and further development of supervisee's skills and knowledge
- Supervision is based on positive interaction between the supervisor and supervisee
- Positive supervision involves the guiding of supervisees to greater competence and an increase of their competence by supporting them to build solutions for their career / professional challenges/goals
- It may include support to adequately approach and deal with personal challenges

Mentoring:

- Being a role-model to the mentee
- Providing support, encouragement, motivation and guidance to another
- Providing a sounding board for mentee's ideas
- Is positive
- May include providing introductions to other professionals as appropriate
- Can extend to 'assistantship' role where appropriate